Navy Exchange Service Command

Mike Paolantonio - Services Operations Manager

Gerard Fantano - Vending Branch Manager

Dennis Wilkerson - Senior Food Services Specialist

NEXCOM Healthy Alternatives

- **Whole Grain Snacks**
- **Granola Bars**
- **Breakfast Cookies**
- **Baked Chips**
- **Tuna Packs**
- **Dried Fruits**
- **Trail Mixes**
- **Nuts**
- **Sport Bars**
- **Fruit Juices**
- **Milk**
- **Water**

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Healthy Alternative Logo

Healthy Alternative Snack Criteria

- Criteria Established under guidelines of:
  - Institute Of Medicine, Washington D.C.
  - National Acedemy Of Sciences
- Less than 35% of caloric content by Fat
- Less than 7% of caloric content by Saturated Fat
- Less than 60 mg Cholesterol
- 0 grams Trans Fats; look for hydrogenation
- 270 mg or less Sodium
- Less than or Equal to 25% calories from Added Sugar unless product contains 10% Daily Value for Fiber

NEXCOM Healthy Alternative Selections

- **Baked Frito Lay Products**
- **Quaker Snacks**
- **Sunflower Seeds**
- **Early Start Trail Mix**
- **Roasted Peanuts**
- **Energy Trail Mix**
- **Frito Lay Salted Peanuts**
- **Frito Lay Pistachios**
- **Frito Lay Smoked Almonds**
- **Nature Valley Oats and Honey Granola Bars**
- **Baker's Breakfast Cookies**
- **Animal Crackers**
- **Snackwells**
- **Clif Bars**
- **Power Bar Harvest**

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Food Services

- **NEXCOM Food Service**

  - Working with Branded business partners to make nutritional information visible to consumers on making an educated choice.
  - Acceptance by consumers of Healthy Alternatives require education and culture change.

NEXCOM Name Brand Food Services Business Partners

- **Major Branded Partners:**
  - Subway
  - McDonald's
  - Nature's Table
  - Asian Concept
  - Taco Bell
- **Menu Selections:**
  - Low Fat Sandwiches, Wraps, and salads
  - Salads. and more
  - Salads, Wraps, Grilled Entrees
  - Steamed Entrees, High Protein
  - "Heart Smart" Entrees

NEXCOM Food Services

¤NEXCOM's Food Services Commitment

- ➔ Continue to ID concepts with Healthy menu selections
- ➔ Including Healthy Alternative nutritional criteria in all future contracts with Branded Food
- ➔ Continuing to partner with Name Brand providers to promote Healthy Alternatives entrees / items selections
- ➔ Working with NEHC to develop tips for Healthy Eating similar to Wendy's International Program
- ➔ Ensure Business partners are providing nutritional info to support Navy's "Get Moving Navy" Program